

# A new body in just 3 weeks?

If the answer is **YES** hCG could be the solution you have been praying for!!

With this program it is possible to:

- ✓ Experience **amazing fat loss** in **record time!**
- ✓ Lose up to 3-4kg per week\*
- ✓ Access **abnormal fat stores**—from hard to lose areas like your stomach and thighs—whilst preserving your muscle!
- ✓ Improve your metabolism so in the longer term it is easier to **keep the fat off!!**



## What is hCG?

hCG<sup>a</sup> (human Chorionic Gonadotrophin) is a biologically natural hormone that is produced in abundance in women during pregnancy, at which time its purpose is to use stored fat to nourish the developing fetus—whilst preserving the mother's muscle tone. When used for weight loss,

hCG allows the body to mimic these effects on the body—allowing you to readily access your fat stores. What many of us find so frustrating about stubborn fat deposits is that no amount of dieting or exercise seems to have an impact. The body seems to hold on to fat no matter what you do.

**But they are accessible with hCG!**

## No Hunger Pains!

In conjunction with daily hCG, you will follow a VLCD (very low calorie diet)—but seemingly miraculously, hCG also helps **curb your appetite**—as your body is getting all of the nutrition it needs from your stored fat reserves.



## What makes hCG superior to other weight loss programs?

hCG has a remarkable ability to unlock **abnormally stored fat reserves** (hips, abdomen thighs, etc) allowing the body to use this fat for energy. These deeper layers of fat are normally not able to be accessed by traditional diet and exercise, thus it has the ability to also achieve a more desirable shape.

Unlike other diet programs, where muscle is often sacrificed in order to lose fat, hCG also has the ability to help preserve muscle—observed from extensive testing over numerous patients treated.

## How much weight can I expect to lose?

The hCG protocol can help you to lose fat in record time!! Results may vary by individual, but typically you can expect to lose between 2-4kg per week\*.

**Some have lost even more!**



## That is fast weight loss; will the weight stay off?

Almost as powerful as the ability to access abnormal fat stores is the impact of hCG on the hypothalamus. The hypothalamus is the master gland in the brain that, amongst other things, controls your fat banking capacity; including the speed of your metabolism and hunger cravings. hCG is believed to act at this level to reset the metabolism<sup>1</sup>.

**Basically, the hypothalamus controls how much fat you store and where you store it!!**—and when the metabolism is healthy and working at its optimum level, remaining fat free for the long term can become effortless!

## How long do I need to stay on the treatment?

As a guide, if you have up to 7kg to lose, you will require a 3 week program—or for those with more than 7kg to lose a 6 week program is recommended. Alternatively you may opt to undertake 2 separate 3 week programs, 6-8 weeks apart, to give your body a break in-between.



## Is calorie restriction required to maintain the weight loss?

As hCG can directly act on your hypothalamus, which controls your metabolism—by following a few simple guidelines, all fully explained by our experienced consultants, many find they are more easily able to maintain a stable weight than before the treatment—infact regular calorie intake is to be regained upon completion.

## Is hCG safe for men?

Yes! hCG is found in every human tissue, including men. **Infact men tend to get faster results and tend to lose more weight than women.**



Why not try the program as a couple for additional incentive and moral support!

## Diet alone is not always enough!

A low calorie diet on its own will not result in permanent weight loss, however when used in conjunction with our experienced guidance through the 3 critical phases of:

- **Preparation,**
- **Treatment &**
- **Post treatment**

you will realise results that you previously may have thought impossible. The hCG protocol will enable you to not only lose unwanted fat fast but more importantly, keep it off in the long term!

Phone:  
**0405 505 498**

to book your free consultation to see if this program is right for you! or for more information, visit us at:  
[www.hcgprotocol.com.au](http://www.hcgprotocol.com.au)



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\*Individual results will vary, this is a guide to the typical weight loss experienced.  
\*hCG is an S4 listed item and can only be prescribed by a medical professional.  
hCG protocols utilised include the ACP hCG program.  
Currently, due to conflicting studies, the TGA has not approved hCG in the management of obesity.

<sup>1</sup> As first identified by A.W.T. Simeon MD, founder of use of hCG in weight loss and documented in his manuscript 'Pounds & Inches: A New Approach to Obesity.'